

MARBLES

Mania, Depression, Michelangelo and Me
by Ellen Forney

Lectures, Seminars & Forums

Friday, October 9, 2020, 2–3pm

Mental Health and the Power of Resilience

Hendry Ton, MS, MD, Associate Vice Chancellor for Health Equity, Diversity, and Inclusion & Professor, Psychiatry and Behavioral Sciences
In partnership with NAMI Yolo County & the Save Pine Tree Gardens Committee

Presented as a part of NAMI Yolo County Mental Illness Awareness Week
More information at: namiyolo.org/miaw

Monday, October 12, 2020, 3–4pm

El impacto de COVID-19 en la salud mental de los Latinos

Sergio Aguilar-Gaxiola, MD, PhD, Director, Center for Reducing Health Disparities; Director, Community Engagement Program, Clinical Translational Science Center; & Professor, Internal Medicine

Tuesday, October 13, 2020, 3–4pm

The Impact of COVID-19 on Latino Mental Health

Sergio Aguilar-Gaxiola, MD, PhD, Director, Center for Reducing Health Disparities; Director, Community Engagement Program, Clinical Translational Science Center; & Professor, Internal Medicine

Tuesday, October 27, 2020, 4–5pm

Coping with COVID: Short- and Long-term Approaches

Peter Yellowlees, MD, MBBS, Allan Stoudemire Endowed Professor, Psychiatry and Behavioral Sciences & Chief Wellness Officer, UC Davis Health
In partnership with School of Medicine Alumni Week

Wednesday, November 4, 2020, 4–5:30pm

Just Us: An American Conversation

Claudia Rankine, Frederick Iseman Professor of Poetry, Yale University & Founder, The Racial Imaginary Institute
Co-sponsored by the Manetti Shrem Museum; Religious Studies; English and Creative Writing; Office of Diversity, Equity, and Inclusion; Office of Campus Community Relations; Center for the Advancement of Multicultural Perspective on Social Science, Arts, and Humanities; & others

Monday, November 9, 2020, 12–1pm

The Adventures of Comic Book Readers vs. Genre Snobs: Fighting for Respect

Karma Waltonen, PhD, Continuing Lecturer, University Writing Program

Tuesday, November 17, 2020, 5:30–6:30pm

Bipolar Disorder: A Medical, Cultural, and Historical Perspective

Amy Barnhorst, MD, Vice Chair for Community and Hospital-Based Services, Psychiatry and Behavioral Sciences; Associate Clinical Professor, Emergency Medicine; & Director, BulletPoints Project, UC Firearm Violence Research Center

Thursday, December 3, 2020, 5:30–6:30pm

Push-Ups for the Mind: Strengthening Our Effectiveness and Well-Being with Mindfulness Meditation

Amishi Jha, PhD, Associate Professor, Psychology, University of Miami & UC Davis Alumni
Hosted by the Cal Aggie Alumni Association

Wednesday, January 20, 2021, 1:30–2:30pm

Bias and Racism in Mental Health and Mental Health Treatment

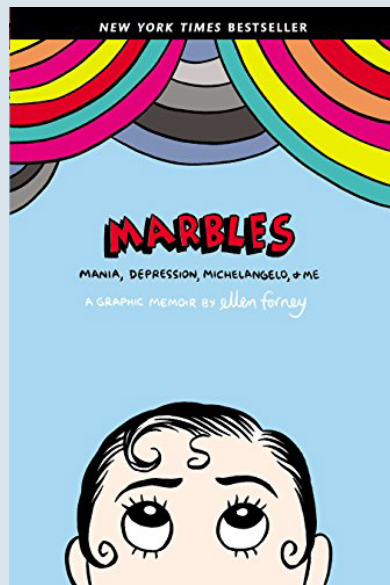
Hendry Ton, MS, MD, Associate Vice Chancellor for Health Equity, Diversity, and Inclusion & Clinical Professor, Psychiatry and Behavioral Sciences

Tuesday, January 26, 2021, 6:30–8pm

Stigma and Mental Illness: The Final Frontier for Human Rights

Stephen Hinshaw, PhD, Professor of Psychology, UC Berkeley & Professor of Psychiatry and Behavioral Sciences and Vice-Chair for Child and Adolescent Psychology, UC San Francisco

Topic: Mental Health



ccbp.ucdavis.edu

All events will be held virtually (Pacific Time)
unless otherwise noted
Register at: ccbp.ucdavis.edu/events

Lectures, Seminars & Forums (cont.)

Wednesday, February 10, 2021, 12–1pm

Losing Our Marbles: Mental Illness Narratives

Karma Waltonen, PhD, Continuing Lecturer, University Writing Program

Tuesday, February 16, 2021, 4–5:30pm

Mental Health: Reimagining and Reinventing Our Community Response – A forum on mental health & law enforcement and criminal justice

Featuring the UC Davis Police Department, Yolo County District Attorney's Office & UC Davis Police Accountability Board

Thursday, March 11, 2021, 6–7pm

Good Chemistry: The Science of Connection

Julie Holland, MD, Author of *Good Chemistry*

Film Screenings

Tuesday, December 1, 2020, 12pm

Inside Out (2015)

Discussion afterwards facilitated by Karma Waltonen, PhD, Continuing Lecturer, University Writing Program

Performances

Friday, October 23, 2020, 8pm

StUCC presents: The Mental Health Comedy Show

Co-sponsored by the UC Davis Stand Up Comedy Club

Thursday, February 25, 2021, 7pm

Invisible Disabilities Comedy Show

Exhibits

Mental Health Online Library Exhibit

ccbp.ucdavis.edu/mental-health-exhibit

Workshops

Saturday, October 17, 2020, 12:30–2pm

Alternatives to Policing in Mental Health Care

Facilitated by MH (Mental Health) First Sacramento
Co-sponsored by the UC Davis Health African American Faculty and Staff Association

Tuesday, October 20, 2020, 11am–12pm

Understanding Your Stress and Ways to Manage It

Alison Ward, PsyD, Psychologist, Academic and Staff Assistance Program

Tuesday, February 2, 2021, 5:30–6:30pm

Burnout Prevention

Tracy Thomas, LMFT, Community Counselor, Student Health and Counseling Services

Saturday, February 20, 2021, 11a–12pm

Holistic Healing: Finding Harmony Between the Mind, Body, and Spirit

Facilitated by Angie Franklin, Owner, Afro Yoga & Nicole Carter, LCSW, Psychotherapist, Nicole Carter Consulting and Counseling
Co-sponsored by the UC Davis Health African American Faculty and Staff Association

Wednesday, February 24, 2021, 6–7:30pm

Mental Health in the Black Community: Experiences, Perspectives, and Healing

Facilitated by Tiffany R. Mimms, PhD, President and Clinical Psychologist, Rosetta Center for Counseling and Wellness, Inc & Chase Moore, EdD, Founder and Educational Psychologist, Pan African Wellness Center
Co-sponsored by the UC Davis Health African American Faculty and Staff Association & Office for Health Equity, Diversity, and Inclusion

Community Partner Events

Monday, October 5, 2020–Friday, October 9, 2020

Mental Illness Awareness Week

In partnership with NAMI Yolo County & the Save Pine Tree Gardens Committee
More information at: namiyolo.org/miaw

Resources

Campus and Community Resources for Mental Health
ccbp.ucdavis.edu/mental-health-resources



Author's Visit

Monday, March 1, 2021

The Forum @MC – Featuring Ellen Forney

3–4pm, Mondavi Center Jackson Hall, UC Davis
FREE and open to the public

Ellen Forney – Campus Community Book Project

7:30–9pm, Mondavi Center Jackson Hall, UC Davis
Book signing to follow
Tickets required. Purchase tickets at: mondaviarts.org, 530-754-2787



UC DAVIS
DIVERSITY, EQUITY
AND INCLUSION

The Campus Community Book Project is sponsored by the Office of Diversity, Equity and Inclusion.

All events are free and open to the public unless otherwise noted

Students, faculty, staff, and community members are all welcome to participate in the Campus Community Book Project. More information on getting involved at: ccbp.ucdavis.edu/get-involved

Events subject to change. For updates and information on new events, visit: ccbp.ucdavis.edu/events



THANKS TO OUR CAMPUS COMMUNITY BOOK PROJECT PARTNER: Robert and Margrit Mondavi Center for the Performing Arts.
THANKS TO OUR UC DAVIS and UC DAVIS HEALTH PROGRAM CONTRIBUTORS AND COLLABORATORS: Academic and Staff Assistance Program; Cal Aggie Alumni Association; Center for Reducing Health Disparities; Center for the Advancement of Multicultural Perspective on Social Science, Arts, and Humanities; Clinical Translational Science Center; Emergency Medicine; English and Creative Writing; First-Year Seminars; First-Year Aggie Connections; Internal Medicine; Manetti Shrem Museum; Office of Diversity, Equity, and Inclusion; Office of Campus Community Relations; Office for Health Equity, Diversity, and Inclusion; Psychiatry and Behavioral Sciences; Religious Studies; Shields Library; Student Health and Counseling Services; UC Davis Health African American Faculty and Staff Association; UC Davis Police Accountability Board; UC Davis Police Department; UC Davis Stand Up Comedy Club; UC Firearm Violence Research Center; University Writing Program.
THANKS TO OUR COMMUNITY PROGRAM CONTRIBUTORS AND COLLABORATORS: Afro Yoga; Dixon High School Arts & Design Academy; Invisible Disabilities Comedy Show; MH (Mental Health) First Sacramento; NAMI Yolo County; Nicole Carter Consulting and Counseling; Pan African Wellness Center; Save Pine Tree Gardens Committee; The Racial Imaginary Institute; Rosetta Center for Counseling and Wellness, Inc; UC Berkeley Department of Psychology; UC San Francisco Department of Psychiatry and Behavioral Sciences; University of Miami Department of Psychology; Yale University Department of English; Yolo County District Attorney's Office.

Select event videos available at: ccbp.ucdavis.edu/ccbp-resources

UC Davis is committed to equal access. To request an accommodation, call: 530-752-0000

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